

MAY 2018 Child Nutrition Program

LUNCH



PreK-Grade 8

Monday	Tuesday	Wednesday	Thursday	Friday
1 Taco Tuesday Shredded Turkey Taco on Soft Shell Red Kidney Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	2 Italian Day Chicken Parmigiana On Slider Roll Steamed Broccoli, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	3 Hot Turkey Ham Sandwich Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	4 Homemade Baked Ziti Steamed Green Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	5 Potato Crusted Fish Patt on Slider Roll Steamed Broccoli, $\frac{1}{2}$ cup Carrot Sticks, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
6 Baked Macaroni & Cheese Cucumber Coins, $\frac{1}{2}$ cup Steamed Carrots, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	7 Taco Tuesday Fiestada Pizza Green Pepper Strips, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	8 Asian Day Sweet & Sour Chicken Seasoned Brown Rice Steamed Broccoli, $\frac{1}{2}$ cup Chilled Peach Cup, $\frac{1}{2}$ cup Choice of Milk	9 Chicken Bites with Ketchup Bread Slice Potato Smiles, $\frac{1}{2}$ cup Steamed Chickpeas, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	10 UNO Cheese Pizza Carrot Sticks, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
11 Three-Bean Chili Seasoned Brown Rice Steamed Carrots, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	12 Taco Tuesday Turkey Taco on Soft Shell Black Bean Salad, $\frac{1}{2}$ cup Roasted Corn, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	13 Build Your Own Burger Hamburger on Slider Roll American Cheese & Sliced Tomato Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	14 Potato Crusted Fish Patt on Slider Roll Steamed Broccoli, $\frac{1}{2}$ cup Carrot Sticks, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	15 UNO Cheese Pizza Carrot Sticks, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk
16 Cheesy Stuffed Bread Sticks with Marinara Sauce Steamed Green Beans, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	17 Oven Crispy Chicken with Gravy Dinner Roll Black Bean Salad, $\frac{1}{2}$ cup Mashed Potato, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	18 Italian Day Chicken Parmigiana On Slider Roll Steamed Broccoli, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk	19 Hot Turkey Ham Sandwich Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	20 UNO Cheese Pizza Carrot Sticks, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk
21 Grilled Cheese Sandwich Steamed Carrots, $\frac{1}{2}$ cup Potato Smiles, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	22 Taco Tuesday Beef Taco on Soft Shell Shredded Lettuce Red Kidney Beans, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	23 Chicken Alfredo Pasta Steamed Broccoli, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	24 Hot Turkey Ham Sandwich Sweet Potato Fries, $\frac{1}{2}$ cup Fresh Fruit, $\frac{1}{2}$ cup Choice of Milk	25 UNO Cheese Pizza Carrot Sticks, $\frac{1}{2}$ cup Fruit Cup, $\frac{1}{2}$ cup Choice of Milk

Available Daily
 Peanut Butter or Sun Butter & Jelly Sandwiches
 American Cheese Sandwiches
 A side salad (1 cup) of leafy dark green vegetable is offered daily.
 $\frac{1}{2}$ cup Fresh Fruit coins will be offered daily.
 Select a fruit AND/OR vegetable with your sandwich.

PreK-8 Participants: Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.
K-8 Participants ONLY: Fat Free Chocolate milk is available Tuesdays and Thursdays.
ALL GRAIN PRODUCTS ARE WHOLE GRAIN.
ALL FOOD ITEMS MEET USDA: NSIP/SBP REQUIREMENTS.
 *pork item will be substituted with a non-pork item to equate meat/meat alternative

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