

# PreK-Grade 8

# JANUARY 2018 Child Nutrition Program



Monday	Tuesday	Wednesday	Thursday	Friday
<b>NO SCHOOL</b> 1 	<b>2</b> Chicken Alfredo Penne Pasta Sautéed Broccoli, ½ cup Fruit Cup, ½ cup Choice of Milk	<b>Southwest Day</b> 3 Nachos with Beef and Cheese Black Bean Salsa, ½ cup Roasted Corn, ½ cup Fruit Cup, ½ cup Choice of Milk	<b>4</b> Mozzarella Sticks & Chicken Smackers <b>COMBO!</b> Carrot Sticks, ¼ cup, Fresh Fruit, ½ cup Choice of Milk	<b>5</b> Cheese Pizza Green Pepper Strips, ½ cup Fresh Fruit, ½ cup Choice of Milk
<b>8</b> Grilled Cheese Sandwich Sweet Potato Fries, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>Taco Tuesday</b> 9 Pork Taco on Soft Shell Shredded Lettuce Corn Salsa, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>Italian Day</b> 10 Chicken Patty Parmigiana on Baked Bun Cucumber Coins, ½ cup Fruit Cup, ½ cup Choice of Milk	<b>11</b> Warmed Turkey Ham and Cheese Wrap Baked Vegetarian Beans, ½ cup Carrot Sticks, ¼ cup Fresh Fruit, ½ cup Choice of Milk	<b>12</b> Homemade Baked Ziti Roasted Broccoli, ½ cup Fresh Fruit, ½ cup Choice of Milk
<b>NO SCHOOL</b> 15 	<b>16</b> Chicken Smackers with Ketchup Fiesta Rotini Pasta Salad, ½ cup Fruit Cup, ½ cup Choice of Milk	<b>Asian Day</b> 17 BBQ Teriyaki Chicken Seasoned Brown Rice Steamed Broccoli, ½ cup Chilled Peach Cup, ½ cup Choice of Milk	<b>18</b> Crispy Boneless Pork Chop with Gravy Mashed Potatoes, ½ cup Hot Glazed Carrots, ¼ cup Fresh Fruit, ½ cup Choice of Milk	 <b>19</b> Cheese Pizza Cucumber Coins, ½ cup Fruit Cup, ½ cup Choice of Milk
<b>22</b> Baked Macaroni & Cheese Sautéed Broccoli, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>Taco Tuesday</b> 23 Chicken Fajita on Soft Shell Potato Smiles, ½ cup Red Pepper Strips, ¼ cup Fruit Cup, ½ cup Choice of Milk	<b>Build Your Own Burger</b> 24 Hamburger on Baked Bun American Cheese & Sliced Tomato Baked Vegetarian Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>25</b> Pork Meatballs & Rotini Pasta Sautéed Green Beans, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>26</b> Mozzarella Sticks with Marinara Sauce Carrot Sticks, ½ cup Fresh Fruit, ½ cup Choice of Milk
<b>29</b> Three- Bean Chili Seasoned Brown Rice Hot Glazed Carrots, ¼ cup Fruit Cup, ½ cup Choice of Milk	<b>30</b> Chicken and Cheese Quesadilla Tomato Salsa Cucumber Coins, ½ cup Fresh Fruit, ½ cup Choice of Milk	<b>Try Something New</b> 31 Pulled Pork with Cheddar Cheese On Baked Bun Oven Golden Potato Fries, ½ cup Green Pepper, ¼ cup Fresh Fruit, ½ cup Choice of Milk		

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- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
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Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

### Available Daily

Peanut Butter or Sun Butter & Jelly Sandwiches

American Cheese Sandwiches

A side salad (1 cup) of leafy dark green vegetable is offered daily.

One of the following ½ cup Fresh Fruit options will be offered daily: Banana or Apple or Pear or Plum

Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk:

**PreK-8 Participants:** Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.

**K-8 Participants ONLY:** Fat Free Chocolate milk is available Tuesdays and Thursdays.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN.

ALL FOOD ITEMS MEET USDA: NSLP/SBP REQUIREMENTS.