



BREAKFAST

SEPTEMBER 2017 Child Nutrition Program

PreK-Grade 8

Monday

Tuesday

Wednesday

Thursday

Friday

4



5



Cinnamon Crisp Bar, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

6

Blueberry Muffin, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

7

French Toast Sticks, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

8



Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

11

Happy Patriots Day
Warm Croissant, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

12

Maple Pancakes, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

13

Turkey Sausage Tac-Go, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

14

Warm Glazed Cinnamon Roll, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

15



Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

18

Warm Glazed Apple Roll, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

19

Yogurt Cup with Granola, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

20

Cinnamon Waffles, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

21



Oatmeal Cocoa Chip Bar, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

22



Happy First Day of Fall
Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

25

Warm Croissant, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

26

Cinnamon Breakfast Square, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

27

Cheese Omelet Wrap, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

28

Warmed Apple Fruit Pocket, 2 oz
1/2 cup 100% Fruit Juice

29



Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

Milk is served with every meal.
Choose 1% White Milk or Fat Free White Milk.

MENUS MUST BE POSTED AT ALL TIMES FOR NEW YORK STATE INSPECTION.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN.

