



LUNCH

JUNE 2017

Child Nutrition Program

PreK-Grade 8

Monday

Tuesday

Wednesday

Thursday

Friday

5
Nut Butter and Jelly Sandwich
Carrots, 1/2 cup
Strawberry Fruit Cup, 1/2 cup
Choice of Milk

6
Taco Tuesday
Pork Taco on Soft Shell
Corn Salsa, 1/2 cup
Refried Beans, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

7
Chicken Alfredo Pasta
Sautéed Spinach, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

8
Turkey Sloppy Joe
Seasoned Brown Rice
Steamed Corn, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

9
Cheese Pizza
Cucumber Coins, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

12
Southwest Day
Three-Bean Chili with Corn Loaf
Tomato Salsa
Parmesan Zucchini, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

13
Boneless Crispy Pork Chop
On Baked Bun
Shredded Lettuce
Baked Vegetarian Beans, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

14
Brunch for Lunch
French Toast with Maple Syrup
Cheese Omelet
Potato Smiles, 1/2 cup
Peach Cup, 1/2 cup
Choice of Milk

15
Chicken Smackers
Seasoned Brown Rice
Steamed Broccoli, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

16
Potato Crusted Fish Patty
on Baked Bun
Shredded Lettuce
Sweet Potato Fries, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

19
"Say Cheez!"
Grilled Cheese and Tomato Sandwich
Steamed Green Beans, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

20
Turkey Ham and Cheese Wrap
Cucumber Coins, 1/2 cup
Peach Cup, 1/2 cup
Choice of Milk

21
Chicken Patty on Baked Bun
Potato Smiles, 1/2 cup
Carrots, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

22
Turkey Sandwich
Shredded Lettuce
Black Bean Salad, 1/2 cup
Peach Cup, 1/2 cup
Choice of Milk

23
Cheese Pizza
Sautéed Spinach, 1/2 cup
Strawberry Cup, 1/2 cup
Choice of Milk

26

HAPPY
SUMMER

27

HAPPY
SUMMER

28

HAPPY
SUMMER

29

HAPPY
SUMMER

30

HAPPY
SUMMER

Available Daily

Peanut Butter or Sun Butter & Jelly Sandwiches
American Cheese Sandwiches
Sandwiches on Whole Grain Bread

A side salad of leafy dark green vegetable is offered daily.

Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.
Fat Free Chocolate milk is available Tuesdays and Thursdays.

Select a fruit AND/OR vegetable with your sandwich.

You may also choose your choice of milk.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN.

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