



# LUNCH

## MAY 2017 Child Nutrition Program

### PreK-Grade 8

#### Monday

**1****"Say Cheez!"**

Grilled Cheese Sandwich  
Red Pepper Strips, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**8****"Say Cheez!"**

Baked Macaroni and Cheese  
Roasted Green Beans 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**15****"Say Cheez!"**

Potato Ravioli with Marinara Sauce  
Glazed Carrots, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**22****Southwest Day**

Three-Bean Chili  
Seasoned Brown Rice  
Steamed Green Beans, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**29**

#### Tuesday

**2****Taco Tuesday**

Turkey Taco on Soft Shell  
Potato Smiles, 1/2 cup  
Black Bean Salad, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**9**

Pork Chili with Corn Loaf  
Glazed Carrots, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**16****Taco Tuesday**

Shredded Pork Taco on Soft Shell  
Red Pepper Strips, 1/4 cup  
Roasted Chickpeas, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

**23**

Chicken Smackers with Ketchup  
Potato Smiles, 1/4 cup  
Cucumber Coins, 1/4 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**30**

Turkey Ham and Cheese Wrap  
Potato Smiles, 1/4 cup  
Cucumber Coins, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

#### Wednesday

**3**

Chicken Smackers  
Pasta Salad  
Cucumber Coins, 1/2 cup  
Peach Cup, 1/2 cup  
Choice of Milk

**10****Build Your Own Burger**

Hamburger on Baked Bun  
Cheese, Shredded Lettuce, Tomato  
Baked Vegetarian Beans, 1/2 cup  
Potato Smiles, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

**17****Asian Day**

Teriyaki Chicken over Brown Rice  
Steamed Broccoli, 1/2 cup  
Chilled Pineapple Cup, 1/2 cup  
Fortune Cookie  
Choice of Milk

**24****Italian Day**

Pork Meatballs & Rotini Pasta  
Parmesan Zucchini, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**31****Brunch for Lunch**

Pancakes with Maple Syrup  
Turkey Sausage and Egg Patty  
Carrot Sticks, 1/4 cup  
Applesauce Cup, 1/2 cup  
Choice of Milk

#### Thursday

**4****Try Something New**

Fish Nuggets with Orange Sauce  
Seasoned Brown Rice  
Glazed Carrots, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

**11**

Chicken Patty on Baked Bun  
Potato Smiles, 1/4 cup  
Steamed Broccoli, 1/4 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**18**

Hot Turkey Sandwich with Gravy  
Potato Smiles, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**25**

Chicken and Cheese Quesadilla  
with Tomato Salsa  
Black Beans, 1/4 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

#### Friday

**5****"Cinco de Mayo"**

Mexican Fiestada Pizza Taco  
Spinach Salad, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**12**

Potato Crusted Fish Patty  
on Baked Bun  
Shredded Lettuce  
Sweet Potato Fries, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**19**

EST. 1943  
**UNO**  
PIZZERIA & GRILL  
Cheese Pizza  
Roasted Broccoli, 1/4 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**26**

Potato Crusted Fish Patty  
on Baked Bun  
Shredded Lettuce  
Glazed Carrots, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**Available Daily**

Peanut Butter or Sun Butter & Jelly Sandwiches  
American Cheese Sandwiches  
Sandwiches on Whole Grain Bread

A side salad of leafy dark green vegetable is offered daily.

Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.  
Fat Free Chocolate milk is available Tuesdays and Thursdays.

Select a fruit **AND/OR** vegetable with your sandwich.

You may also choose your choice of milk.

**ALL GRAIN PRODUCTS ARE WHOLE GRAIN.**

**MENUS MUST BE POSTED AT ALL TIMES FOR NEW YORK STATE INSPECTION. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.**