



LUNCH

APRIL 2017 Child Nutrition Program

PreK-Grade 8

Monday

3

Chicken Smackers with Ketchup
Potato Puffs, 1/4 cup
Cucumber Coins, 1/4 cup
Fresh Fruit, 1/2 cup
Choice of Milk

Build Your Own Burger

10

Hamburger on Baked Bun
Shredded Lettuce and Tomato
Baked Vegetarian Beans, 1/4 cup
Potato Smiles, 1/4 cup
Fresh Fruit, 1/2 cup
Choice of Milk

17

Hot Turkey Sandwich
Carrot Sticks, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

24

Meatless Monday

Three-Bean Chili
Seasoned Brown Rice
Roasted Corn, 1/4 cup
Fruit Cup, 1/2 cup
Choice of Milk

Tuesday

4

Sloppy Joe
on Warmed Corn Loaf
Garden Salad, 1/2 cup
Red Pepper Strips, 1/4 cup
Fresh Fruit, 1/2 cup
Choice of Milk

Easter Lunch

11

Swedish Meatballs
Butternut Squash, 1/4 cup
Cauliflower, 1/4 cup
Fresh Fruit, 1/2 cup
Choice of Milk

18

Potato Crusted Fish Patty/Cheese
on Baked Bun
Cucumber Coins, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

25

Chicken Smackers with Ketchup
Potato Puffs, 1/4 cup
Sautéed Broccoli, 1/4 cup
Fresh Fruit, 1/2 cup
Choice of Milk

Wednesday

5

Chicken Alfredo Penne
Steamed Broccoli, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

Italian Day

12

Cheese Stuffed Lasagna with
Marinara Sauce
Sautéed Spinach, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

19

Chicken Patty on Baked Bun
Baked Vegetarian Beans, 1/2 cup
Fruit Cup, 1/2 cup
Choice of Milk

26

Beef and Cheese Quesadilla
with Tomato Salsa
Refried Beans, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

Thursday

6

Tex-Mex Day
Southwest Turkey
Seasoned Brown Rice
Roasted Corn, 1/4 cup
Red Kidney Beans, 1/4 cup
Fruit Cup, 1/2 cup
Choice of Milk

13

Cheese Pizza
Sautéed Green Beans, 1/2 cup
Strawberry Fruit Cup, 1/2 cup
Choice of Milk

20

Grilled Cheese
Potato Smiles, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

27

Fish Sticks with Ketchup
Potato Wedges, 1/2 cup
Cucumber Coins, 1/4 cup
Fruit Cup, 1/2 cup
Choice of Milk

Friday

7

Potato Crusted Fish Patty/Cheese
on Baked Bun
Carrot Sticks, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

NO SCHOOL

14

21

Cheese Pizza
Roasted Broccoli, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

28

Potato Crusted Fish Patty/Cheese
on Baked Bun
Shredded Lettuce
Sweet Potato Fries, 1/2 cup
Fresh Fruit, 1/2 cup
Choice of Milk

Available Daily

Peanut Butter or Sun Butter & Jelly Sandwiches

American Cheese Sandwiches

Sandwiches on Whole Grain Bread

A side salad of leafy dark green vegetable is offered daily.

Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.

Fat Free Chocolate milk is available Tuesdays and Thursdays.

Select a fruit **AND/OR** vegetable with your sandwich.

You may also choose your choice of milk.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN.

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