



# MARCH 2017 Child Nutrition Program

## PreK-Grade 8

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**6**

Hamburger on Baked Bun  
Shredded Lettuce and Tomato  
Sweet Potato Fries, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**7**

Grilled Cheese Sandwich  
Honey Glazed Carrots, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

**1**

#### Ash Wednesday

Baked Macaroni & Cheese  
Sautéed Broccoli, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**2**

Chicken Smackers with Ketchup  
Seasoned Brown Rice  
Zucchini Parmesan, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**3**

Tuna Salad Sandwich  
Glazed Carrots, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**13**

Chicken & Cheese Quesadilla  
with Tomato Salsa  
Red Pepper Strips, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**14**

Chicken Patty on Baked Bun  
Roasted Broccoli, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**15**

#### Italian Day

Pork Meatballs & Pasta  
Sautéed Green Beans, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**16**

Turkey Taco  
on Soft Shell  
Roasted Corn, 1/2 cup  
Roasted Chickpeas, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**17**

#### Happy St. Patrick's Day

Cheese Pizza  
Zucchini Parmesan, 1/2 cup  
Fresh Green Apple, 1/2 cup  
Shamrock Cookie  
Choice of Milk

**20**

Grilled Cheese Sandwich  
Cucumber Coins, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

**21**

Hamburger on Baked Bun  
Shredded Lettuce and Tomato  
Vegetarian Beans, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**22**

#### Asian Day

Chicken Teriyaki over Brown Rice  
Steamed Broccoli, 1/2 cup  
Chilled Pineapple Cup, 1/2 cup  
Fortune Cookie  
Choice of Milk

**23**

Crispy Oven Baked Chicken  
Bread Slice  
Mashed Potatoes, 1/2 cup  
Sautéed Green Beans, 1/2 cup  
Applesauce, 1/2 cup  
Choice of Milk

**24**

Potato Crusted Fish Patty/Cheese  
on Baked Bun  
Shredded Lettuce  
Sweet Potato Fries, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**27**

Fiestada Pizza  
Corn Salsa, 1/2 cup  
Black Bean Salad, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

**28**

Chicken Smackers with Ketchup  
Potato Puffs, 1/2 cup  
Sautéed Broccoli, 1/2 cup  
Fruit Cup, 1/2 cup  
Choice of Milk

**29**

#### Southwest Day

Three-Bean Chili  
Seasoned Brown Rice, 1/2 cup  
Red Pepper Strips, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**30**

Sloppy Joe Sandwich on Baked Bun  
Sautéed Green Beans, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

**31**

Cheese Pizza  
Garden Salad, 1/2 cup  
Fresh Fruit, 1/2 cup  
Choice of Milk

#### Available Daily

Peanut Butter or Sun Butter & Jelly Sandwiches  
American Cheese Sandwiches  
Sandwiches on Whole Grain Bread

Select a fruit **AND/OR** vegetable with your sandwich.

You may also choose your choice of milk.

**MENUS MUST BE POSTED AT ALL TIMES FOR NEW YORK STATE INSPECTION. THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.**

**A side salad of leafy dark green vegetable is offered daily.**

Milk is available with every meal. Choose 1% White Milk or Fat Free White Milk daily.  
Fat Free Chocolate milk is available Tuesdays and Thursdays.

**ALL GRAIN PRODUCTS ARE WHOLE GRAIN.**

