



BREAKFAST

OCTOBER 2017 Child Nutrition Program

PreK-Grade 8

Monday

2

Maple Pancakes, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

Tuesday

3

Banana Muffin, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

Wednesday

4

Cinnamon Waffles, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

Thursday

5



Pop- Tarts, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

Friday

6



Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit



9

Cinnamon Breakfast Square, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

10

Turkey Sausage Tac-Go, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

11

French Toast Sticks, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

12



Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

13

16

Warm Glazed Apple Roll, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

17

Corn Muffin, 1 oz
String Cheese Stick, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

18

Yogurt Cup with Granola, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit



19

Oatmeal Cocoa Chip Bar, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit



Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

20

23

Warm Croissant, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

24

Blueberry Pancakes, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

25

Cheese Omelet Wrap, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

26

Warmed Apple Fruit Pocket, 2 oz
1/2 cup 100% Fruit Juice



Assorted General Mills Cereal, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

27

30

Cinnamon Breakfast Square, 2 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit

31

Happy Halloween

Iced Pumpkin Roll, 1 oz
1/2 cup 100% Fruit Juice
1/2 cup Fresh Fruit



Milk is served with every meal.

Choose 1% White Milk or Fat Free White Milk.

MENUS MUST BE POSTED AT ALL TIMES FOR NEW YORK STATE INSPECTION.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER.

ALL GRAIN PRODUCTS ARE WHOLE GRAIN.